

IN-RESTAURANT INFORMATION GUIDE

**INGREDIENTS LIST
AND
ALLERGENS**

REVISED MAY 2018



Enjoy every moment



WIMPY UK INGREDIENTS & ALLERGEN INFORMATION GUIDE

Introduction – Food Information

Wimpy UK is committed to providing the full food facts that allow our customers to make an informed choice about their meal selections.

Our nutritional booklets already provide information about the nutritional content of our meals (per 100g and per portion) and also give a summary of the allergens that are present in these meals.

This Ingredients & Allergen Information Guide provides further information about the make-up of our meals, the ingredients that are used within each of our meal components and the allergens that are present within each of those components.

Food Allergens

Allergen information is provided in **bold type** via the ingredients declarations in the same way as will be familiar from retail food and drink packaging. It is also identified alongside the ingredients – in particular where a supplier has identified a clear risk that a component “may contain” an allergen or that its presence cannot be ruled out.

There are fourteen major allergens which are recognised as having the potential to cause allergic reactions in susceptible members of the public. These fourteen allergens are identified in UK food labelling law and are highlighted in the ingredients lists.

- Cereals Containing Gluten – Wheat, Rye, Barley, Oats, Spelt, Kamut
- Crustaceans
- Egg
- Fish
- Lupin
- Milk
- Molluscs
- Nuts – Almond, Hazelnut, Walnut, Cashew Nut, Pecan Nut, Brazil Nut, Pistachio Nut, Macadamia Nut, Queensland Nut
- Peanut
- Soya
- Sesame
- Celery & Celeriac
- Mustard
- Sulphur Dioxide & Sulphites (levels greater than 10ppm)

Various other food ingredients can also sometimes trigger food intolerance reactions and by providing the full ingredients lists we aim to ensure that customers can make a fully informed choice.

Allergen Usage & Cross Contamination Risks

We produce our food in a kitchen where a wide range of food allergens are present and are handled.

Whilst every care is taken to ensure that our ingredients are not subject to cross-contamination at our suppliers and that foods are handled separately in the kitchen we cannot absolutely guarantee that any product is completely free from any individual allergen. This applies to all of the fourteen allergens including nuts and peanuts.

We use non-hydrogenated vegetable oil as the cooking medium for a wide range of our products including Chips, Onion Rings, Hashbrowns, Mozzarella Melts, Breaded Chicken Fillets & Strips, Pork Bender, Spicy Beanburger, Spicy Southern Fried Quorn, Fish Bites and Battered Fish. In view of the number of different foods involved it is not possible to guarantee that different items will not be



cooked in the same oil. The ingredients listings provide additional information about which of our products are cooked in this way.

Nut Statement

Nuts and peanuts are present in our kitchens and restaurants. They are present as an ingredient and also used as a topping on a number of our dessert and ice cream products.

We operate in accordance with strict food safety guidelines for the storage, handling, preparation, cooking and serving of all of our foods with particular emphasis on the controls for nuts and peanuts.

However, as with other allergenic ingredients, we cannot absolutely guarantee that any product is completely free from traces of nuts or peanuts.

General Notes

The information provided in this booklet is correct at the time of going to print (see date) and covers our current menu. Some items may not be available and new meal combinations, promotional meals and test items may be introduced which have not been covered.

The ingredients information is based on our standard product formulations and variations may occur due to a number of factors such as component availability and cooking performance. Whilst we maintain regularly updated information centrally, it is possible therefore that the printed information has changed.

If you require more information about the ingredients and allergens in our foods please ask a member of staff or contact the Wimpy UK head office on 01628891655 or email reception@wimpy.uk.com.



WIMPY INGREDIENTS LIST & ALLERGENS

BEEF		
PRODUCT NAME	INGREDIENTS LIST	ALLERGENS (See text in bold)
Wimpy Hamburger Patty	Beef (99%), Salt, Rusk [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Sugar, Yeast Extract, Spice Extracts (Pepper, Cardamom), Flavouring	Wheat Gluten
Wimpy Quarterpounder Patty	Beef (99%), Salt, Rusk [Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Sugar, Yeast Extract, Spice Extracts (Pepper, Cardamom), Flavouring	Wheat Gluten

PORK		
PRODUCT NAME	INGREDIENTS LIST	ALLERGENS (See text in bold)
Pork Bender	Pork (72%), Water, Pork Fat, Salt, Wheat Starch, Wheat Flour, Sugar, Flavouring (Natural), Stabilisers [E450iii, E450i], Dextrose, Antioxidant [E300], Spice Extracts (Ginger, Pepper), Yeast Extract, Preservative [E250] Cooked using non-hydrogenated vegetable oil	Wheat Gluten
Pork Sausage	Pork (74%), Rusk (Wheat Flour (with Calcium, Iron, Niacin, Thiamine), Salt), Water, Pork Fat, Salt, Dextrose, Rapeseed Oil, Wheat Starch, Beef Collagen Casing, Rubbed Parsley, Wheat Protein, Sodium Triphosphate (E451), Spice Extracts (Black Pepper, Chilli, Coriander, Ginger, Marjoram, Nutmeg, Parsley, Pimento, Sage), Herb Extract (Sage), Wheat Flour (with Calcium, Iron, Niacin, Thiamine).	Wheat Gluten
Pork Sausage Patty	Pork (96%), Dextrose, Salt, Herbs (Sage, Parsley), Black Pepper, Preservative (Sodium METABISULPHITE), Antioxidant (Ascorbic Acid), Spice Extracts (Black Pepper, Nutmeg, Coriander).	Sulphite
Back Bacon	Pork (87%), Water, Salt, Preservative E252 E250, Antioxidant E301	
Sliced Ham	Pork (80%), Water, Salt, Dextrose, Stabilisers (E451, E452), Antioxidant (E301), Preservative (E250)	



CHICKEN		
PRODUCT NAME	INGREDIENTS LIST	ALLERGENS (See text in bold)
Chicken Breast Fillet - Breaded	<p>Chicken Breast Fillet (60%), Water, Wheat Flour, Breadcrumbs (Wheat Flour, Salt, Yeast), Modified Tapioca Starch, Salt, Native Maize Starch, Non-hydrogenated Palm Oil, Wheat Gluten, Raising Agents (Disodium Diphosphate, Sodium Triphosphate, Sodium Bicarbonate), Paprika Extract, Yeast Extract, Garlic Powder, Pepper, Dextrose, Vegetable Powders (Garlic, Onion), Spices (Pepper, Celery), Pepper Extract.</p> <p>Cooked using non-hydrogenated vegetable oil</p>	Wheat Gluten, Celery
Chicken Breast Strip - Breaded	<p>Chicken Breast Fillet (74%), Water, Wheat Flour, Breadcrumbs (Wheat Flour, Salt, Yeast), Modified Tapioca Starch, Salt, Native Maize Starch, Non-hydrogenated Palm Oil, Wheat Gluten, Raising Agents (Sodium Diphosphate, Sodium Bicarbonate, Sodium Citrate), Paprika Extract, Yeast Extract, Garlic Powder, Pepper, Dextrose, Vegetable Powders (Garlic, Onion), Spices (Pepper, Celery), Pepper Extract.</p> <p>Cooked using non-hydrogenated vegetable oil</p>	Wheat Gluten, Celery
Chicken Breast Fillet - Roasted	<p>Cooked Chicken Breast (96%), Sunflower Oil, Dextrose, Thickener E407, Salt, Stabiliser E451i</p>	
Chicken Wings	<p>Chicken Wings (95%), Mesquite Glaze (contains: Potato Starch), Salt, Flavourings (contains: Wheat, Gluten), Pepper, Garlic, Dried Onion, Modified Maize Starch, Yeast Powder, Paprika, Citric Acid, Smoke Flavouring, Colour (Paprika Extract), Maltodextrin, Sweetener (Sodium Saccharin), Yeast Extract.</p> <p>Cooked using non-hydrogenated vegetable oil</p>	<p>Wheat Gluten</p> <p><u>May also contain traces of:</u> Milk, Egg, Soya, Celery, Mustard, Fish, Crustaceans</p>

FISH		
PRODUCT NAME	INGREDIENTS LIST	ALLERGENS (See text in bold)
Battered Cod	<p>Cod (Fish) (<i>Gadus macrocephalus</i>) (60%), Coating (40%) [Wheat Flour, Water, Palm Oil, Thickener (E1404), Salt, Raising Agents (E450, E500), Flavour Enhancer (E621), Sugar, Rice Flour, Milk Powder, Beer Flavour (<0.1%)]</p> <p>Cooked using non-hydrogenated vegetable oil</p>	<p>Fish, Wheat Gluten, Milk</p> <p><u>May also contain traces of:</u> Egg, Soya, Celery, Mustard, Crustaceans, Molluscs</p>
Breaded White Fish Fingers	<p>Fish (52%), Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Water, Yeast, Salt, Dextrose.</p> <p>Cooked using non-hydrogenated vegetable oil</p>	Fish, Wheat Gluten



VEGETABLE		
PRODUCT NAME	INGREDIENTS LIST	ALLERGENS (See text in bold)
Spicy Beanburger Patty	Beans (26%) (In varying proportions: Cannellini Beans, Red Kidney Beans, Black Turtle Beans, Haricot Beans, Pinto Beans), Breadcrumb (Wheat Starch, Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Wheat Gluten , Yeast, Salt, Emulsifier (Di-acetyl Tartaric Acid Esters of Mono- and Diglycerides), Flour Treatment Agent (Ascorbic Acid)), Onion, Carrot, Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Sunflower Oil, Green Pepper, Red Pepper, Rapeseed Oil, White Rice, Tomato Powder, Spices, Potato Flakes, Modified Maize Starch, Salt, Sugar, Onion Powder, Garlic Powder, Acidity Regulator (Citric Acid), Raising Agents (Disodium Diphosphate, Sodium Bicarbonate), Colour (Paprika Extract), Oregano. Cooked using non-hydrogenated vegetable oil	Wheat Gluten
Spicy Southern Fried Quorn	Mycoprotein (49%), wheat flour, water, sunflower oil, rehydrated free range egg white, wheat starch, spice & spice extracts (black pepper, fennel, white pepper, nutmeg, black pepper extract), salt, milk protein, flavouring, yeast, onion powder, garlic powder, wheat gluten, gelling agent: pectin; sugar, yeast extract, citric acid. Cooked using non-hydrogenated vegetable oil	Wheat Gluten, Egg, Milk
Onion Rings	Onion 57%, Wheat flour, Palm oil, Corn flour, Dextrose, Salt, Modified starch, Sugar, Raising agent (E450, E500), Gelling agent (E401), Colour (E100), stabiliser (E339). Cooked using non-hydrogenated vegetable oil	Wheat Gluten
Chips	Potatoes (97%), Sunflower Oil Cooked using non-hydrogenated vegetable oil	
Sweet Chipped Potatoes	Sweet Potatoes (84%), Coating (11%) [Modified Starch, Sugar, Rice Flour, Starch, Dextrin, Salt, Raising agents (E450, E500), Natural Colours (Paprika Extract, Turmeric Extract), Thickener (E415)], Canola Oil (5%). Cooked using non-hydrogenated vegetable oil	
Jacket Potato	Potato (100%)	
Peas	Peas	
Hash Brown (McCain Rosti)	Potatoes (90.4%, Sunflower oil (7.9%), Dehydrated potato, Stabilisers (E464, E450), Salt, White Pepper, Flavouring. Cooked using non-hydrogenated vegetable oil	
Heinz Baked Beans	Beans (51%), Tomatoes (34%), Water, Sugar, Spirit Vinegar, Modified Cornflour, Salt, Spice Extracts, Herb Extract	
Chopped Onion	Onion	
Jalapenos	Green Jalapeno Peppers (45%), Water, Spirit Vinegar, Salt	



SALAD ITEMS		
PRODUCT NAME	INGREDIENTS LIST	ALLERGENS (See text in bold)
French Dressing	Water, White Wine Vinegar, Glucose-Fructose Syrup, Extra Virgin Olive Oil (7%), French MUSTARD (2.5%) (Water, MUSTARD Flour, Spirit Vinegar, Fortified WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin And Thiamin), Salt, Sugar, Caramelised Sugar Syrup, Acidity Regulator (Acetic Acid), MUSTARD Bran, Colour (E150D), Clove Powder, Pimento, Chilli Seasoning (Chilli Powder, Cumin, Garlic Powder, Dried Oregano, Salt), Dried Garlic, Dried Onion, Flavouring), Salt, Dijon MUSTARD (1.9%) (Water, MUSTARD Flour, Spirit Vinegar, Salt, MUSTARD Bran, Turmeric, Pimento, Black Pepper, White Pepper, Cinnamon, Clove Powder), Concentrated Lemon Juice, Herbs (Parsley, Chives, Basil), Stabiliser (Xanthan Gum), Cracked Black Pepper, Preservative (Potassium Sorbate), MUSTARD Seed.	Wheat Gluten, Mustard
Caesar Dressing	Rapeseed Oil, Water, Caesar Dressing Premix (Spirit Vinegar, Water, Garlic Puree (Water, Dried Garlic, Acidity Regulator (Citric Acid)), Medium Fat Hard Cheese (Milk) (contains Preservative (Lysozyme (from Egg), Salt, Lemon Juice Concentrate, Dried Garlic, Dried Onion, Stabiliser (Xanthan Gum)), Sugar, Pasteurised Egg Yolk, Worcester Sauce (Water, Malt Vinegar (from Barley), Sugar, Molasses, Salt, Soy Sauce (Water, Soya Beans, Wheat and Salt), Tamarind Concentrate, Onion Powder, Lemon Juice Concentrate, Ground White Pepper, Chilli Pepper, Garlic Powder, Ground Ginger, Ground Cloves, Acidity Regulator (Acetic Acid), Malt Extract (from Barley)), Salt, Cracked Black Pepper, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Natural Flavouring (Contains Milk).	Wheat Gluten, Barley, Milk, Egg, Soya
Salad Vegetables (Tomatoes, Cucumber, Lettuce, Mixed Leaf, Red Onions, Onions, Peppers, Grated Carrots)	Whole food items with no added ingredients	
Coleslaw	Mayonnaise [Water, Rapeseed Oil, Sugar, Spirit Vinegar, Liquid Egg , Salt, Stabilisers (Guar Gum, Xanthan Gum), Preservative (Potassium Sorbate)], Cabbage (43%), Carrot (9%), Onion (2%).	Egg <u>May also contain traces of:</u> Wheat Gluten, Milk, Celery, Mustard, Sesame, Soya, Sulphites



BREAD		
PRODUCT NAME	INGREDIENTS LIST	ALLERGENS <small>(See text in bold)</small>
Brown Bun – Oat Topped	Wholemeal wheat flour, water, fortified wheat flour (With calcium, iron, niacin, thiamine), sugar, vegetable oil (palm and rapeseed), yeast, oatmeal (2.2%), salt, emulsifiers: E472e, E471; wheat gluten , preservative: E282; flour treatment agent: E300	Wheat Gluten, Oats <u>May also contain traces of:</u> Sesame Seed
White Bun – Semolina Topped (Medium)	Fortified Wheat Flour (With: Calcium, Iron, Niacin, Thiamine), Water, Sugar, Yeast, Vegetable Oils (Palm and Rapeseed), Wheat Semolina, Salt, Emulsifiers: E472e, E471; Preservative: E282; Flour Treatment Agent: E300	Wheat Gluten <u>May also contain traces of:</u> Sesame Seed
White Bun – Semolina Topped (Large)	Fortified Wheat Flour (With: Calcium, Iron, Niacin, Thiamine), Water, Sugar, Yeast, Vegetable Oils (Palm and Rapeseed), Wheat Semolina, Salt, Emulsifiers: E472e, E471; Preservative: E282; Flour Treatment Agent: E300	Wheat Gluten <u>May also contain traces of:</u> Sesame Seed
White Bread – Sliced	Wheat Flour, (Wheat Flour, Calcium Carbonate, Iron, Niacin & Thiamine), Water, Yeast, Salt, Palm Oil, Emulsifiers: E471, E472(e); Soya Flour, Spirit Vinegar; Preservatives: E282; Flour Treatment Agent: E300 Check in-store as local variations may apply	Wheat Gluten, Soya <u>May also contain traces of:</u> Sesame Seed
Brown Bread - Sliced	Wholemeal Flour (Wheat), Water, Caramelised Sugar, Yeast, Wheat Protein, Soya Flour, Salt, Preservative: E282, Emulsifiers: E472e, E481; Vegetable Fat (Rapeseed, Palm), Flour Treatment Agent: Ascorbic Acid, Wheat Flour. Check in-store as local variations may apply	Wheat Gluten, Soya <u>May also contain traces of:</u> Sesame Seed
Wholemeal Bread – Sliced	Wholemeal Wheat Flour, Water, Yeast, Salt, Palm Oil, Emulsifiers: E471, E472(e); Preservatives: E282; Spirit Vinegar, Soya Flour, Wheat Flour, (Wheat Flour, Calcium Carbonate, Iron, Niacin & Thiamine), Flour Treatment Agent: E300 Check in-store as local variations may apply	Wheat Gluten, Soya <u>May also contain traces of:</u> Sesame Seed
Breakfast Muffin	Wheat flour (Wheat Flour, Calcium, Iron, Niacin and Thiamine (B1)), Water, Yellow Polenta, Rice Flour, Wheat Gluten , Sugar, Salt, Yeast, Rapeseed Oil, De-activated Yeast, RYE Sourdough (Wholemeal Rye Flour, Rye Bran, Water), Preservative: Calcium Propionate, Acidity Regulator: Tartaric Acid, Emulsifiers: Mono- and Diacetyl Tartaric Acid Esters of Mono - and Diglycerides of Fatty Acids, Mono- and Diglycerides of Fatty Acids, Antioxidant: Ascorbic Acid.	Wheat Gluten, Rye <u>May also contain traces of:</u> Sesame Seed



DAIRY		
PRODUCT NAME	INGREDIENTS LIST	ALLERGENS (See text in bold)
Grated Cheese (Grated Processed Cheese Mix)	Cheddar (Milk), Water, Vegetable oils, Milk Protein, Modified starch, Salts (E331, E339), Colour (Beta Carotene), Anti-caking agent (potato starch)	Milk
Mozzarella Sticks	Mozzarella Cheese (Milk) 51% (40% FDM, Rennet from microbiological origin), Wheat Flour, Sunflower Oil, Starches (Wheat , Potato), Modified starch, Water, Cream (Milk), Maize flour, Salt, Whole Egg Powder, Milk protein, Spices, Stabilizer (E461), Wheat protein, Yeast, Raising agents (E450, E500), Parsley, Spice extracts Cooked using non-hydrogenated vegetable oil	Wheat Gluten, Milk, Egg
Cheese Slice (Processed Cheese Food Slice)	Cheese (70%) (Milk), Palm Oil, Modified Potato Starch, Emulsifying Salt (E331), Natural Cheese Flavouring (Milk), Preservative (E200), Natural Colours (Beta Carotene, Paprika Extract)	Milk
Aerosol Cream	Cream 96% (Milk), Sugar, Emulsifier E471, Stabiliser E407	Milk
Butter Portion (Salted)	Butter (80% Fat min.) (Milk), Salt (1.7%).	Milk
Free-Range Eggs	Whole food items with no added ingredients	Egg



DESSERTS		
PRODUCT NAME	INGREDIENTS LIST	ALLERGENS (See text in bold)
Chocolate Fudge Brownie	<p><u>Chocolate Brownie (82%)</u>: Sugar, pasteurised whole EGG, chocolate pieces (sugar, cocoa mass, cocoa butter, emulsifier: SOYA lecithin; natural vanilla flavouring), margarine (palm oil, rapeseed oil, water, emulsifier: mono- and diglycerides of fatty acids; natural flavouring), butter (MILK), fat reduced cocoa powder, WHEAT flour (WHEAT flour, calcium, iron, niacin, thiamin), baking powder (raising agents: disodium diphosphates, sodium hydrogen carbonate; WHEAT flour (WHEAT flour, calcium, iron, niacin, thiamin)), natural flavouring.</p> <p><u>Chocolate Fudge Icing (18%)</u>: Icing sugar, chocolate paste (cocoa powder (cocoa powder, acidity regulator: potassium carbonate), dried glucose syrup, shortening (palm oil, rapeseed oil), chocolate glaze (glucose syrup, sugar, water, fat reduced cocoa powder, gelling agent: pectin; modified maize starch, preservative: potassium sorbate; natural flavouring), fat reduced cocoa powder, salt), water.</p>	<p>Wheat Gluten, Egg, Milk, Soya</p> <p><u>May also contain traces of:</u> Nuts</p>
Belgian Waffle	<p>Wheat flour, sugar (25,6%), Margarine (vegetable oils and fats (palm and rapeseed; in varying proportions), Water, Emulsifiers: Soya lecithin E322, Mono and di-glycerides of fatty acids E471, Salt acidifier: Citric acid E330, Natural flavours, Colouring: Beta-carotene E160a), Yeast, Eggs, Invert sugar, Soya flour, Stabilizing agent: Sorbitol, Salt, Emulsifier: Soya lecithin, Flavour.</p>	<p>Wheat Gluten, Egg, Soya</p> <p><u>May also contain traces of:</u> Milk</p>
American Pancakes	<p>Water, WHEAT Flour (with Calcium Carbonate, Iron, Niacin & Thiamin), Sugar, Whey Powder (MILK), Vegetable Oil (Rapeseed Oil), Cornflour, Buttermilk Powder (MILK) (1.24%), Raising Agents (E450i, E500), WHEAT Starch, Pasteurised Whole Free-Range EGG, Sea Salt, Flavouring.</p>	<p>Wheat Gluten, Milk, Egg</p>



Apple Pie	Fruit Filling (75%): Apples, Water, Sugar, Modified Maize Starch, Gelling Agent: Pectin, Pastry (22%): Gluten free flour blend (Rice, Potato, Tapioca, Maize, Buckwheat), Margarine (Palm Oil, Palm Kernel Oil, Water, Rapeseed Oil, Salt, Emulsifier: Polyglycerol esters of fatty acids, Natural colour: Annatto, Curcumin, Natural flavouring), Sugar, Water, Salt, Stabiliser: Xanthan gum, Colours: Curcumin, Annatto Demerara Sugar (3%)	<u>May contain traces of:</u> Nuts
Custard	Skimmed Milk , Buttermilk, Sugar, Modified starch, Palm oil, Whey (milk), Flavouring, Colours (carotenes)	Milk
Meringue Nests	Sugar, Pasteurised Egg White	Egg
Jelly Pots	Pre-packed single serve food products Refer to ingredients list on product packaging	Refer to ingredients list on product packaging

PASTRIES & CAKES

PRODUCT NAME	INGREDIENTS LIST	ALLERGENS (See text in bold)
Tea Cake	WHEAT Flour (with Calcium, Iron, Niacin and Thiamin), Water, Sultanas (8%), Currants (8%), Yeast, Sugar, Vegetable Oils (Palm and Rapeseed), Salt, Emulsifiers (E472e, E471), Flavourings, Preservative (E282), Flour Treatment Agent (E300).	Wheat Gluten <u>May also contain traces of:</u> Sesame Seeds
Doughnut	Fortified Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Palm Oil, Rapeseed Oil, Glucose, Dextrose, Sugar, Raising Agents: Potassium Hydrogen Carbonate, Disodium Diphosphate, Monocalcium Phosphate; Wheat Gluten, Yeast, Emulsifiers: Sodium Stearoyl-2-Lactylate, Mono- And Diglycerides of Fatty Acids; Cornflour, Potassium Chloride, Soya Flour, Salt, Stabiliser: Carboxymethyl Cellulose; Flour Treatment Agent: Ascorbic Acid.	Wheat Gluten, Soya, <u>May also contain traces of:</u> Sesame Seeds, Milk, Egg

PRESERVES

PRODUCT NAME	INGREDIENTS LIST	ALLERGENS (See text in bold)
Jam	Strawberry Jam, Glucose-Fructose Syrup, Strawberries, Sugar, Gelling Agent: Pectin, Acidity Regulator: Citric Acid, Elderberry Juice Concentrate. Check in-store as local variations may apply	
Marmalades	Golden Shred Jelly Marmalade Glucose Fructose Syrup, Orange Juice from Concentrate, Sugar, Water, Orange Peels, Gelling Agent: Pectin, Acidity Regulator: Sodium Citrate, Orange Oil, Natural Colour: Plain Caramel. Golden Shred-less Jelly Marmalade Glucose Fructose Syrup, Orange Juice from Concentrate, Sugar, Water, Gelling Agent: Pectin, Acidity Regulator: Sodium Citrate, Orange Oil, Natural Colour: Plain Caramel. Silver Shred Jelly Marmalade Glucose Fructose Syrup, Lemon Juice from Concentrate, Sugar, Water, Lemon Peels, Gelling Agent: Pectin, Acidity Regulator: Sodium Citrate, Lemon Oil, Natural Colour: Curcumin Check in-store as local variations may apply	



ICE CREAM		
PRODUCT NAME	INGREDIENTS LIST	ALLERGENS (See text in bold)
Soft Ice Cream	Reconstituted Skimmed Milk , Sugar, Palm Oil, Whey Powder (contains Milk) Flavourings (contains Milk), Glucose Syrup, Coconut Oil, Stabilisers (E412, E407, E451), Salt, Emulsifier (E471)	Milk
Strawberry Dessert Sauce	Glucose Syrup, Water, Dextrose, Strawberry Puree Concentrate (2.5%), Modified Waxy Maize Starch (E1422), Acidity Regulators (Citric Acid E330, Sodium Citrate E331) Colours (Anthocyanin E163, Paprika E160c), Gelling Agent (Pectin E440), Natural Strawberry Flavouring with other natural flavourings	<u>May contain traces of:</u> Milk
Chocolate Flavoured Dessert Sauce	Glucose Syrup, Water, Dextrose, Cocoa Powder (6.6%), Modified Waxy Maize Starch, Natural Flavouring.	
Maple Flavoured Syrup	Partially inverted syrup, natural flavouring	
Toffee Fudge Dessert Sauce	Glucose Syrup, Sugar, Water, Sweetened Condensed Milk (10.5%) (Milk fat 8%, Milk Solids Non-Fat 20%, Sugar, Water) Chocolate 5% (Sugar, Cocoa Mass 32.5%, Cocoa Butter 15.5%, Emulsifier: Soya Lecithin, Natural Vanilla Flavouring), Unsalted Butter (Milk) (4%), Modified Waxy Maize Starch, Flavouring, Colour (Plain Caramel), Salt, Emulsifier (Mono & Di-glycerides of Fatty Acids), Thickener (Xanthan Gum)	Milk, Soya
Butterscotch Dessert Sauce	Glucose Syrup, Liquid Sugar, Dextrose, Sweetened Condensed Milk (8%) (Milk fat 8%, Milk Solids Non-Fat 20%, Sugar, Water) Water, Sugar, Unsalted Butter (Milk) (4%), Modified Waxy Maize Starch E1422, Salt, Colour (Plain Caramel E150d), Natural Flavouring, Emulsifier (Soya Lecithin E322), Thickener (Xanthan Gum E415)	Milk, Soya <u>May contain traces of:</u> Sulphites
Chopped Nuts	Peanuts (70%), Almonds (15%), Walnuts (15%)	Peanuts, Nuts
Mini Marshmallows	Glucose-fructose syrup, sugar, water, Pork gelatine, Maize Starch, natural vanilla flavour	
Chocolate Flake	Milk , sugar, cocoa butter, cocoa mass, vegetable fats (palm, shea), emulsifier (E442), flavourings. Milk solids 14% minimum. Cocoa solids 25% minimum. Contains vegetable fats in addition to cocoa butter.	Milk.
Fruit Cocktail in Syrup	Peaches, Pears, Pineapple, Grapes, Cherries with colour (E127) Water, Sugar, Glucose syrup, Acidity regulator: Citric acid	
Strawberries	Strawberries (100%)	
Cones	Wheat flour, Rapeseed oil, Raising agent: sodium bicarbonate, Emulsifier: Soya lecithin (containing whey powder from milk), Salt, Sweetener: saccharin, Colour: annatto.	Wheat Gluten, Milk, Soya



<p>Strawberry Ice Cream Sundae (Wimpy Express Stores Only)</p>	<p>Strawberry Ice Cream (minimum of 10% dairy fat) (38%): Reconstituted skimmed MILK, whipping cream (MILK), strawberry puree (8%), sugar, dextrose, stabilisers: mono- and diglycerides of fatty acids, guar gum, sodium alginate; natural flavouring, red beet concentrate (red beet juice concentrate, acidity regulator: citric acid). Vanilla Ice Cream (minimum 10% dairy fat) (31%): Reconstituted skimmed MILK, whipping cream (MILK), sugar, dextrose, stabilisers: mono- and diglycerides of fatty acids, guar gum, sodium alginate, natural flavouring. Strawberry Sauce (25%): Strawberry puree (9%), glucose syrup, water, sugar, modified maize starch, red beet concentrate (red beet juice concentrate, acidity regulator: citric acid), natural flavouring. Chocolate Sauce (6%) (contains 4% cocoa): Water, glucose syrup, sugar, fat reduced cocoa powder (fat reduced cocoa powder, acidity regulator: potassium carbonate), modified maize starch, skimmed MILK powder.</p>	<p>Milk</p> <p><u>May contain traces of:</u> Cereals containing Gluten, Egg, Soya, Nuts</p>
<p>Chocolate Ice Cream Sundae (Wimpy Express Stores Only)</p>	<p>Chocolate Ice Cream (contains 5% cocoa & a minimum of 10% dairy fat) (46%): Reconstituted skimmed MILK, whipping cream (MILK), sugar, fat reduced cocoa powder (fat reduced cocoa powder, acidity regulator: potassium carbonate), dextrose, stabilisers: mono- and diglycerides of fatty acids, guar gum, sodium alginate. Vanilla Ice Cream (Minimum 10% dairy fat) (37%): Reconstituted skimmed MILK, whipping cream (MILK), sugar, dextrose, stabiliser: mono- and diglycerides of fatty acids, guar gum, sodium alginate; natural flavouring. Chocolate Sauce (contains 4% cocoa) (10%): Water, glucose syrup, sugar, fat reduced cocoa powder (fat reduced cocoa powder, acidity regulator: potassium carbonate), modified maize starch, skimmed MILK powder. Strawberry Sauce (7%): Strawberry puree (34%), glucose syrup, water, sugar, modified maize starch, red beet juice concentrate (red beet juice concentrate, acidity regulator: citric acid), natural flavouring.</p>	<p>Milk</p> <p><u>May contain traces of:</u> Cereals containing Gluten, Nuts</p>
<p>Toffee Ice Cream Sundae (Wimpy Express Stores Only)</p>	<p>Toffee Flavour Ice Cream (Minimum 10% dairy fat) (46%): Reconstituted skimmed MILK, whipping cream (MILK), sugar, dextrose, stabilisers: mono- and diglycerides of fatty acids, guar gum, sodium alginate; colour blend (BARLEY malt extract, colour: curcumin), natural flavouring. Vanilla Ice cream (Minimum 10% dairy fat) (37%): Reconstituted skimmed MILK, whipping cream (MILK), sugar, dextrose, stabilisers: mono- and diglycerides of fatty acids, guar gum, sodium alginate; natural flavouring. Chocolate Sauce (10%): Water, glucose syrup, sugar, reduced fat cocoa powder, modified maize starch, skimmed MILK powder. Toffee Flavour Sauce (7%): Glucose syrup, brown sugar (sugar, cane molasses), water, dextrose, sweetened condensed MILK (full cream MILK, sugar), caramelised sugar, modified maize starch, palm kernel oil, palm stearin oil, natural flavouring.</p>	<p>Cereals containing Gluten, Barley, Milk</p> <p><u>May contain traces of:</u> Egg, Soya, Nuts</p>



SAUCES & CONDIMENTS		
PRODUCT NAME	INGREDIENTS LIST	ALLERGENS (See text in bold)
Wimpy Special Sauce	Rapeseed Oil, Water, Sugar, Pasteurised Egg Yolk, Spirit Vinegar, Concentrated Tomato Puree, Modified Maize Starch, Salt, Mustard Flour, Horseradish Powder, Acetic Acid, Stabiliser: Xanthan Gum, Preservative: Potassium Sorbate, Flavour: Dill Oil, Colours: Paprika Extract, Caramel E150d, Sodium Citrate, Heat Treated Black Pepper, Heat Treated Dill Weed	Egg, Mustard
Wimpy Tomato Ketchup	Tomatoes (122g of tomatoes per 100g of product), Sugar, Water, Vinegar, Modified Maize Starch, Salt, Citric Acid, Colour: Anthocyanin, Preservative: Potassium Sorbate, Flavour: Tomato Spice (Salt, Garlic, Natural Flavourings, Anti Caking Agent E551, Natural Colour Paprika Extract, Onion Concentrate, Spice Extracts, Onion Extracts, Flavouring)	
Firecracker Sauce	Spirit Vinegar, Water, Concentrated Tomato Puree, Sugar, Date Puree, Chipotle Paste (Tomato Puree, Smoked Jalapeno Peppers, Water, Onion, Spirit Vinegar, Sugar, Peppers, Salt, Garlic, Spices, Vegetable Oil, Parsley, Spice Extract), Modified Cornflour, Salt, Concentrated Apple Juice, Chilli Powder, Smoke Flavouring, Spice, Garlic Powder, Onion Powder, Preservative - Potassium Sorbate, Spice Extract	
BBQ Sauce	Concentrated Tomato Puree, Glucose-Fructose Syrup, Spirit Vinegar, Molasses, Sugar, Modified Cornflour, Salt, Smoke Flavouring, Spices, Onion Powder, Flavourings, Preservative - Potassium Sorbate, Garlic Powder	
Wimpy White Sauce (Wimpy Mayo)	Water, Rapeseed Oil, Pasteurised Egg Yolk, Spirit Vinegar, Modified Maize Starch, Sugar, Salt, Stabiliser: Xanthan Gum, Mustard Flour, Preservative: Potassium Sorbate, Citric Acid	Egg, Mustard
Sauce Dip Pots	Pre-packed single serve food product Refer to ingredients list on product packaging	Refer to ingredients list on product packaging
Sauce Sachets	Pre-packed single serve food product Refer to ingredients list on product packaging	Refer to ingredients list on product packaging
Tartare Sauce	Rapeseed Oil, Water, Spirit Vinegar, Sugar, Gherkins (9% contain Firming Agent Calcium Chloride), Capers (7%), Modified Cornflour, Salt, Egg Yolk Powder, Concentrated Lemon Juice, Preservative - Potassium Sorbate, Thickeners - Xanthan Gum and Guar Gum	Egg
Salt Sachets	Salt	
Pepper Sachets	Pepper	
Non-Hydrogenated Vegetable Oil	Rapeseed Oil, Foam Stabiliser E900	



SHAKES & COLD DRINKS		
PRODUCT NAME	INGREDIENTS LIST	ALLERGENS (See text in bold)
Thick Shake Base	Reconstituted Skimmed Milk , Sugar, Glucose Syrup, Palm Oil, Skimmed Milk Powder, Stabilisers (E412, E451, E407), Coconut Oil, Flavouring	Milk
Chocolate Flavour Thick Shake Syrup	Sugar, Water, Colour: Plain Caramel E150a, Colour: Anthocyanins E163, Acid: Citric Acid, Flavouring, Preservative Potassium Sorbate E202	
Strawberry Flavour Thick Shake Syrup	Sugar, Water, Colour: Carmines E120, Acid: Citric Acid, Flavouring, Preservative: Potassium Sorbate E202	
Banana Flavour Thick Shake Syrup	Sugar, Water, Acid: Citric Acid, Flavouring, Preservative: Potassium Sorbate E202, Colour: Riboflavin E101	
Chocolate Flavour Milkshake Syrup	Water, Sugar, Fat Reduced Cocoa Powder (3.5%), Lactic Acid, Acidity Regulator (Trisodium Citrate), Preservative (Potassium Sorbate) Stabiliser (Xanthan Gum).	
Strawberry Flavour Milkshake Syrup	Water, Sugar, Colour (Carmines), Acid (Citric Acid), Preservative (Potassium Sorbate), Flavouring, Acidity Regulator (Tri Sodium Citrate), Sweetener (Sodium Saccharin).	
Banana Flavour Milkshake Syrup	Water, Sugar, Banana Juice from Concentrate (10%), Acid: Citric Acid, Fruit and Vegetable Concentrates (Safflower, Lemon, Apple), Preservative (Potassium Sorbate), Flavouring, Acidity Regulator (Tri Sodium Citrate), Sweetener (Sodium Saccharin).	
Lemon & Lime Syrup	Fructose-Glucose Syrup, Sugar Syrup, Glycerine (E422), Concentrated Lemon (11%) and Lime (4%) Juices, Acidity Regulator (E330), Natural Lime Flavouring with other Natural Flavourings (Contains Emulsifier E445), Antioxidant (E300)	
Popcorn Syrup	Sugar, water, flavouring, colour: E150a.	<u>May contain traces of:</u> Milk, Nuts, Sulphur Dioxide
Peppermint Syrup	Water, Sugar, Natural mint flavouring with other natural flavourings, Preservative (Potassium sorbate), Acidity regulator (Citric acid)	
Mango Smoothie	Mango Puree (50%), Spring Water, Sugar, Acidity Regulator: Citric Acid, Natural Flavours, Antioxidant: Ascorbic Acid	<u>May contain traces of:</u> Wheat Gluten, Sulphur Dioxide
Summer Fruits Smoothie	Summer fruits puree (40%) (strawberry, morello cherry, blackcurrant, raspberry and blueberry puree), Spring water, Sugar, Thickener: Pectin Xanthan Gum, Natural Flavours, Green tea extract.	
Peach Smoothie	Peach puree (40%), Spring water, Sugar, Thickeners: Pectin, Xanthan gum, Acidity Regulator: Citric acid, Green tea extract, Antioxidant: Ascorbic acid, Natural peach flavouring with other natural flavourings, Colours: Paprika, Curcumin.	
Pepsi Regular	Carbonated Water, Sugar, Colour (Caramel E150d), Acid (Phosphoric Acid), Flavourings (Including Caffeine).	



Pepsi Diet	Carbonated Water, Colour (Caramel E150d), Acids (Phosphoric Acid, Citric Acid), Acidity Regulator (Sodium Citrate), Flavourings (including Caffeine), Sweeteners (Aspartame, Acesulfame K), Preservative (Potassium Sorbate). Contains a Source of Phenylalanine.	
Pepsi Max	Carbonated Water, Colour (Caramel E150d), Sweeteners (Aspartame, Acesulfame K), Acids (Phosphoric Acid, Citric Acid), Acidity Regulator (Sodium Citrate), Flavourings (including Caffeine), Preservatives (Sodium Benzoate, Potassium Sorbate). Contains a Source of Phenylalanine.	
Tango Sugar Free	Carbonated Water, Acids (Citric Acid, Malic Acid), Acidity Regulator (Sodium Citrate), Sweeteners (Acesulfame K, Sucralose, Aspartame, Saccharin), Natural Orange Flavouring with Other Natural Flavourings, Preservatives (Sodium Benzoate, Potassium Sorbate), Stabiliser (Pectin), Antioxidant (Ascorbic Acid), Emulsifier (Glycerol Esters of Wood Rosins), Natural Colour (Carotenes). Contains A Source of Phenylalanine	
7 Up Free	Carbonated Water, Acids (Citric Acid, Malic Acid), Natural Lemon and Lime Flavouring, Acidity Regulator (Sodium Citrate), Sweeteners (Aspartame, Acesulfame K), Preservative (Sodium Benzoate). Contains a Source of Phenylalanine.	
Ballygowan Irish Still Water	Irish Still Water.	
Ballygowan Irish Sparkling Water	Irish Sparkling Water.	
Orange Juice	Orange Juice from concentrate	
Apple Juice	Apple Juice from Concentrate	
Orange Squash	Water, Orange Fruit from Concentrate (10%), Acid (Citric Acid), Acidity Regulator (Sodium Citrate), Natural Flavouring, Sweeteners (Aspartame, Saccharin), Preservatives (Potassium Sorbate, Sodium Metabisulphite), Stabilisers (Cellulose Gum, Sucrose Acetate Isobutyrate), Emulsifier (Glycerol Esters of Wood Rosins), Natural Colour (Carotenes). Contains a source of Phenylalanine. Check in-store as local variations may apply	Sulphur Dioxide
Apple & Blackcurrant Squash	Water, Fruit Juices from Concentrate (Apple 9%, Blackcurrant 1%), Acids (Citric Acid, Malic Acid), Natural Colour (Anthocyanins), Natural Flavouring, Acidity Regulator (Sodium Citrate), Sweeteners (Acesulfame K, Sucralose), Preservatives (Potassium Sorbate, Sodium Metabisulphite), Stabiliser (Cellulose Gum). Check in-store as local variations may apply	Sulphur Dioxide
Carbonated Soft Drinks in Cans or Bottles	Pre-packed single serve food product Refer to ingredients list on product packaging	Refer to ingredients list on bottle
Lipton Ice Tea Various Flavours	Pre-packed single serve food product Refer to ingredients list on product packaging	Refer to ingredients list on bottle
Drench Various Flavours	Pre-packed single serve food product Refer to ingredients list on product packaging	Refer to ingredients list on bottle
J20 Various Flavours	Pre-packed single serve food product Refer to ingredients list on product packaging	Refer to ingredients list on bottle
Fruit Shoots Various Flavours	Pre-packed single serve food product Refer to ingredients list on product bottle	Refer to ingredients list on bottle



Fruit Shoot Hydro Various Flavours	Pre-packed single serve food product Refer to ingredients list on product packaging	Refer to ingredients list on bottle
Bottled Lagers & Beer (Various Brands)	Pre-packed single serve food product Refer to ingredients list on product bottle	Refer to ingredients list on bottle
Bottled Wines (Various Brands)	Pre-packed single serve food product Refer to ingredients list on product bottle	Refer to ingredients list on bottle



HOT DRINKS		
PRODUCT NAME	INGREDIENTS LIST	ALLERGENS (See text in bold)
Tea Bags	Whole food items with no added ingredients	
Herbal, Mint & Fruit Teas	Various Flavours Raspberry & Pomegranate, Green Pure, Green Mango, Mint, Lemon and Ginger, Camomile	
Coffee Beans	Whole food items with no added ingredients	
Drinking Chocolate	Sugar, Cocoa, Salt, Flavouring	Milk
Instant Chocolate	Sugar, whey powder (from milk), fat reduced cocoa powder 16%, skimmed milk powder 5%, palm fat, glucose syrup, salt, anti-caking agent (E551), milk proteins, stabilisers (E452, E340), flavourings, sweetener (E955), emulsifier (E481).	Milk
Millac Maid Half Fat Minipots	Skimmed Milk , Water, Vegetable Fat, Dried Glucose Syrup, Sodium Caseinate, Sugar, Emulsifiers E471 E481, Stabiliser E339B	Milk <u>May also contain traces of:</u> Soya
Millac Maid Minipots	Skimmed Milk , Water, Vegetable Fat, Dried Glucose Syrup, Sodium Caseinate, Sugar, Emulsifiers E471 E481, Stabiliser E339B	Milk <u>May also contain traces of:</u> Soya
Café Maid Coffee Creamer Minipots	Water, Vegetable Fat, Dried Glucose Syrup, Sodium Caseinate (Milk), Sugar, Acidity Regulators E339 E500, Emulsifiers E471 E435, Stabiliser E407, Colours E100 E160a	Milk <u>May also contain traces of:</u> Soya
Milk Semi-Skimmed Milk	Whole food items with no added ingredients	Milk
Lotus Caramel Biscuits	Wheat Flour, Sugar, Vegetable Oil & Fat, Soy Flour, Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Salt, Spice (Cinnamon).	Wheat Gluten, Soya
Caramel Coffee Syrup	Sugar, water, flavouring, acidifying agent: citric acid, colouring agent: caramel E150a	
Hazelnut Coffee Syrup	Sugar, water, natural hazelnut , natural flavourings, concentrated lemon juice, preservative agent: E202, colouring agent: caramel E150a	Nuts (Hazelnut)
Vanilla Coffee Syrup	Sugar, water, natural flavouring, vanilla extracts, concentrated lemon juice, preservative agent: E202	



NOTES:

1. Ingredients lists and allergens are provided for the main processed food components used in our meals and drinks included in the current Wimpy UK menu
2. Whole unprocessed single foods such as Eggs, Milk, Tea, Tomatoes, and Mushrooms are not required to have ingredients lists. Be aware that some single foods such as Milk and Eggs are allergens.
3. Pre-packed single serve products such as Sauce Sachets, Sauce Dips and Individual Drinks which are served to the customer in this form usually have full ingredient lists and allergen declarations printed onto the packaging.
4. A small number of everyday items such as Sliced Bread & Fruit Squash may be obtained from a number of different sources. Please check with the restaurant for the current information.



Enjoy every moment